AWARE has been feeling the constancy of change. We built a budget around changes in state funding and laws. We have a new Executive Director after 30 years of Saralyn’s steady leadership.

Change happens, and it prompts us to take stock. We’re finding that old models have quietly given way to new thinking. AWARE’s strength is that we’re guided by survivors, partners, and staff - and their desire for change is fierce.

We’ve been developing a new framework to integrate all aspects of our work; it includes things the community has come to expect from us, as well as emerging work that we’re excited to bring into the spotlight.

Page 2 scratches the surface of our new framework. Look for familiar themes, evolving strategies, and the work that speaks directly to you. Thank you for taking the time to learn more about the ways we’ve changed and where we hope to grow.
Holistic Services

AWARE started as a women’s shelter over 40 years ago. We now serve people of all genders, offering a place to sleep - and so much more! We understand gender violence and we’re constantly evolving strategies and programs to intervene with both survivors and abusers, to educate youth & families, to prevent violence, and uplift our community. We promote stronger, safer relationships at all levels.

But how do we articulate that? Over the last several months, we’ve identified these 6 themes. They are woven throughout our work and we’re excited to unpack them with you in the months to come!

**Root Causes of Gender Violence**

**Safety & Stability**

**Honoring Families**

**Community Partnerships & Advocacy**

**Men’s Engagement & Accountability**

**Haa Tóoch Lichéesh - Equity in Action**

As the holidays approach, we invite you to consider not only the things you’re grateful for, but also the ways in which your understanding of the world has changed. Where have you gained new insight? Are there things or ideas that no longer serve you? What nourishes your soul? Email your thoughts to us at info@awareak.org.
Collaboration in Hoonah

What were you doing on the Friday night that PFDs came out this year? In Hoonah, 23 people came out to explore how their community can address suicide in an empowering way.

You might be wondering why AWARE was called in for a training on suicide prevention? Research has shown that many of the factors that put someone at risk or help keep them safe are the same across different issues, including suicide and domestic violence. We know that suicide is strongly correlated with traumatic experiences such as domestic violence, sexual assault, and historical trauma. We can’t solve all these complex issues alone. Having strong partnerships with other organizations is key!

In this case, Karen Hinchman set this project in motion last spring when she reached out to AWARE about hosting a dialogue. She was in contact with the Hoonah Police Department and they had identified the need in their community for more tools. When she reached out to us, we reached out to the Juneau Suicide Prevention Coalition, and together, we crafted a workshop.

The workshop unpacked the stigma and shame around suicide. We talked about violence prevention. We built skills for bystander intervention and postvention. And we explored the role of historical trauma, the Hoonah fire, and ACEs. We practiced asking direct questions, and forged pathways for healing.

We are happy to offer this workshop in other communities if it would be helpful!

P.S. While in Hoonah, we also took a moment to recognize Carol Williams. For over 30 years, Carol has been a strong advocate at AWARE and in the Hoonah Schools. Wherever she goes, she brings joy, care, humor, and fierce love to the work. Gunalchéesh and Haw’aa Carol!
Run With Us!

The fall 5K is coming up for Girls on the Run and Boys Run I toowú klatseen!

**Saturday, December 7th, from 8 am - 12:30 pm**

Join us at the Dimond Park Field House to support 3rd - 8th grade students in this big challenge! Volunteers are needed for registration, handing out snacks/water, and running with the kids. If you’d like to volunteer, email heidid@awareak.org.

Welcome! New Staff & Volunteers

Pictured, left to right:
Rebekah Littlefield, Volunteer Advocate
Kay Smith, Legal Advocate
Sarah Lubiner, Internal Capacity Coordinator
Mandy Nguyen, Equity & Inclusion Fellow
Hannah Nation, Volunteer Coordinator
Brenna D’Amico - Children’s Program (not pictured)
Erica George - Advocate (not pictured)

**If you would like to become a volunteer,**
email hannahn@awareak.org.
Sponsor a family for the holidays!

The holidays can be especially hard for a family just getting back on their feet in the wake of abuse. Every year, AWARE collects donations of holiday gifts and food for families in need who have been served by AWARE over the past year.

**In 2018, we provided gifts & food to 40 families.**

This year, the Christmas Elves program will begin on Monday, December 2nd. If you would like to sponsor a family, please contact Mandi Canady at mandij@awareak.org or call 586-6623.

From the bottom of our hearts, thank you.

---

Thank you! Gunalchéesh! Haw’aa!

Thank you to Your Green Thumb for donating hanging flower baskets this summer! Beauty is so valuable for healing.

Thank you to Wells Fargo for volunteering during United Day of Caring in October!

Thank you to Fred Meyer for the donation drives!

Thank you to the Yaakoosge Daakahidi students who spent their community involvement days with AWARE.

Thank you to the Dimond Park Acquatic Center for organizing the Back to School Triathlon in support of our children’s program!

Thank you to the NOAA employees who got together for “Cardio & Connection,” collecting donations for AWARE in the process!

**Your generosity and creativity are an inspiration!**

---

**Shelter Wish List**

**Shelter:**
- Comforters/heavy blankets (ideally twin or full)
- Full size shampoo & conditioner
- Disinfectant wipes
- Kleenex
- Ziplock Bags (all sizes)
- Silverware
- Cleaning Supplies
- Dish Towels/Hand Towels
- Bus Tokens
- Totes
- Reusable bags
- Pillows
- Tupperware

**Children’s Program:**
- Baby powder/body powder
- Baby wash/shampoo
- Juice Boxes
- Frozen Juice
- Popcorn
- Acrylic Paints
- Paint Brushes (small kids)
- Coloring books
- Window markers (kids)

**Treats:**
- Hair ties
- Chapstick
- Slippers
- Journals
- Coffee Pods
- Movie passes
- Pool passes
Stronger, Safer Relationships

Women of Distinction Gala

AWARE is delighted to announce our 2020 honorees:

Donnie Gott
Lily Hope
Hazel Lecount
Tari Stage-Harvey

Save the Date! March 7, 2020
Tickets available in January